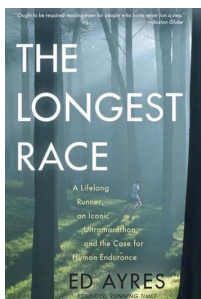


Running Ransom Road

Caleb Daniloff

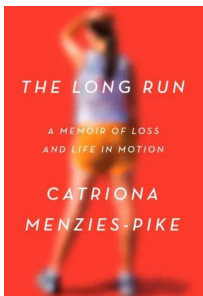
Daniloff, now 13 years sober, confronts his past in a bib number and pair of running shoes, completing seven marathons in a year's time.



The Longest Race

Ed Ayres

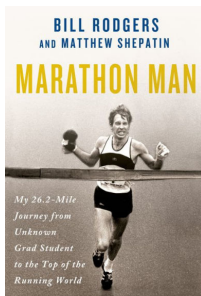
A leading environmental activist and ultramarathoner uses the 2001 JFK 50 Mile as a staging ground for his reflections on running, aging, and saving the planet.



The Long Run

Catriona Menzies-Pike

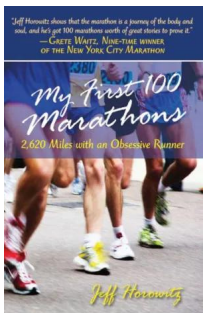
An unlikely marathoner finds her way through grief and into the untold history of women and running.



Marathon Man

Bill Rodgers

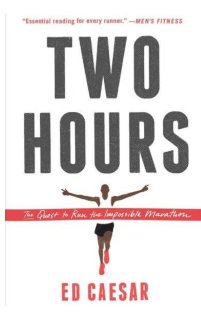
The former marathon runner details his unlikely victory in the 1975 Boston Marathon, his rise to the top of the racing world, and his role in sparking the modern running boom that exists today.



My First 100 Marathons

Jeffrey Horowitz

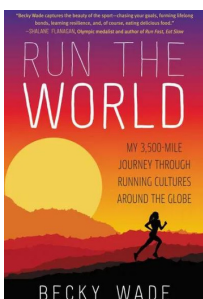
Horowitz tells his story of running 100 marathons in 18 years, as well as the story of every runner who has found joy and satisfaction in a training routine, in reaching a goal, or in finishing a race.



Two Hours: The Quest to Run the Impossible Marathon

Ed Caesar

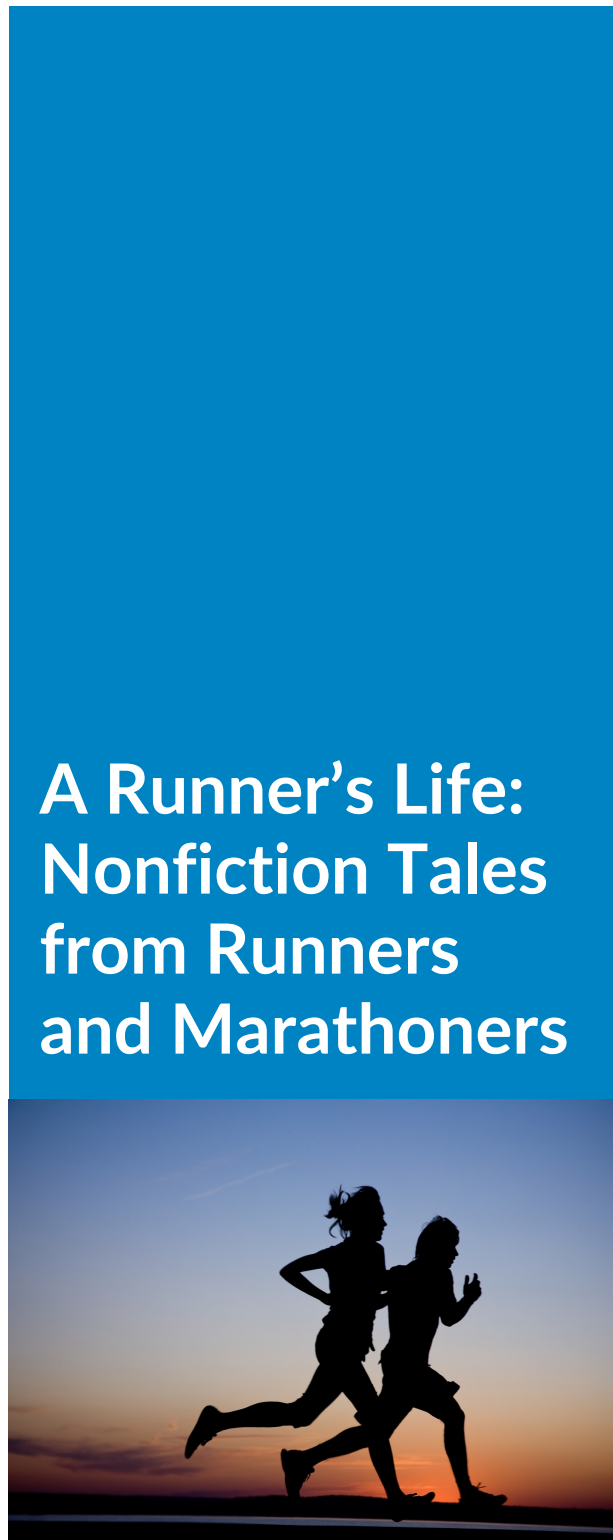
Journalist Ed Caesar takes readers into the world of elite marathoners: some of the greatest runners on earth.

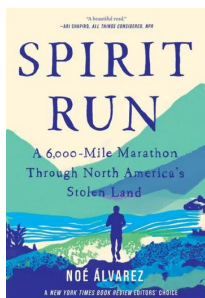


Run the World

Becky Wade

An elite marathoner describes the year she spent running over 3,500 miles in nine different countries, living with host families and exploring diverse running communities and cultures all over the globe

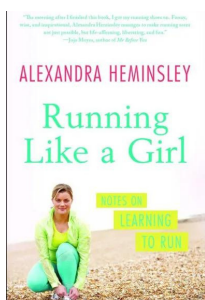




Spirit Run

Noé Álvarez

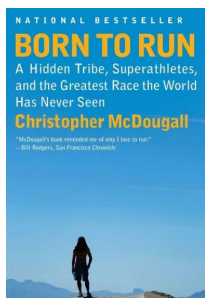
A memoir of a son of working-class Mexican immigrants who runs in a Native American marathon from Canada to Guatemala, challenging himself to reimagine North America and his place in it.



Running Like a Girl

Alexandra Hemingsley

A charming, hilarious, and practical book about one woman's stumbling efforts to start running and how becoming a runner ultimately transformed her relationships, her body, and her life.



Born to Run

Christopher McDougall

A recounting of his experiences with the reclusive Tarahumara Indians, whose techniques allow them to run long distances with ease.



Running Home

Katie Arnold

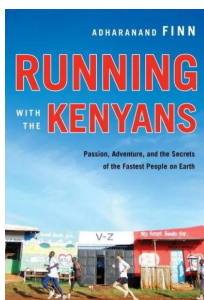
Katie Arnold tells her story of fathers and daughters, grief and renewal, adventure and obsession, and the power of running to change your life.



Perfect Strangers

Roseann Sdoia

A survivor of the Boston Marathon bombing describes how the explosion that amputated her foot and took the lives of those near her actually lead to unexpectedly beautiful moments in her life.



Running with the Kenyans

Adharanand Finn

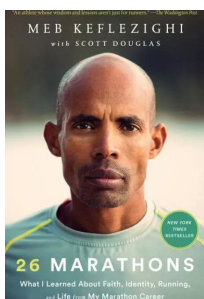
A Runners World contributor moves his family to Kenya, home to hundreds of world-class runners, and trains in their camps.



Personal Record: A Love Affair with Running

Rachel Toor

An exhilarating meditation on the making, and the minutiae, of a runner's life.



26 Marathons

Meb Keflezighi

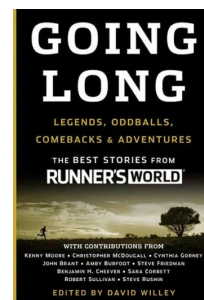
The only marathoner ever to win an Olympic medal and the New York and Boston marathons, Keflezighi reflects on the triumphs and challenges of the 26 marathons he has run.



What I Talk about When I Talk about Running

Haruki Murakami

Part travelogue, training log and reminiscence, Haruki Murakami explores his love of running and the influence the sport has had on his life and on his writing.



Going Long: Legends, Oddballs, Comebacks & Adventure

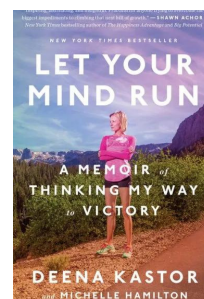
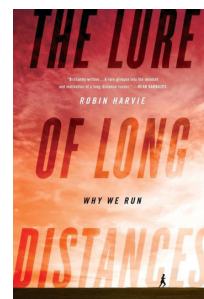
The Best Stories from Runners World

More than 40 gripping stories, Going Long transcends the sport of running to reach anyone with an appetite for drama, inspiration, and a glimpse into the human condition.

The Lure of Long Distances

Robin Harvie

Harvie elegantly blends the history of running legends with memoir to explore where simply putting one foot in front of the other can lead.



Let Your Mind Run

Deena Kastor

Kastor, an Olympic medalist runner and the record-holder in the women's marathon and half-marathon, describes using positive psychology and brain science to achieve unparalleled athletic success.